

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. **Bonus Item** - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

\$29.00

Fast and Flavorful Cuisine
New & Improved! **Convenience meals great for seniors and people living with diabetes!** *Core Food!*
Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Fillet**, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend
- Sweet and Sour Pork** with Rice, a Green Pea/Carrot Blend and Cauliflower
- Red Beans and Rice** with Smoked Pork Sausage, Carrots and Brussels Sprouts
- Chicken Cacciatore** with Rice, Carrots and Yellow Squash with Onions
- Chicken Parmesan** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- Chicken and Noodles**, Corn and Broccoli
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Meatball Stroganoff** over Noodles, Carrots and Broccoli
- Country Herb Chicken** with Mashed Potatoes, Green Peas and a Lima Bean Red Pepper Blend
- Macaroni and Cheese**, Black Bean, Corn and Red Pepper Blend and Cauliflower

\$28.00

Just 4 Me – After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

\$24.00

AUGUST SPECIAL #1

- Assorted Grill Box (6 lb.)** **\$24.00**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
 - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
 - 1.5 lb. Mild Italian Sausage
 - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #2

- Steak and Chicken Box (4 lb.)** **\$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)** **\$22.00**
- 4 Italian Chicken Breast (6 oz. ea.)
 - 4 Teriyaki Chicken Breast (6 oz. ea.)
 - 4 Lemon Herb Chicken Breast (6 oz. ea.)

NEW!!! ALL NEW ITEM!!! NEW!!!

AUGUST SPECIAL #4

- Oven Ready Entrees by Angelfood** **\$24.00**
- 4 (2 lb.) Fully cooked Meals - Just Heat and Serve
 - 2 lb. Seafood Lasagna
 - 2 lb. Lasagna with Meat Sauce
 - 2 lb. Country Fried Steak with Gravy
 - 2 lb. Chicken Noodle Casserole

8.25% SALES TAX WILL ADDED

AUGUST SPECIAL #5

- Premium Fresh Fruit and Veggie Box** **\$21.00**
- 1 Cantaloupe
 - 4 Peaches
 - 4 Navel Oranges
 - 1 Mango
 - 1 Cello Head Lettuce
 - 1 lb. Cello Carrots
 - 2 lb. Yellow Onions
 - 3 lb. Idaho Potato
 - 20 oz. bag Fresh Green Beans
 - 1 Head Cabbage
 - AFM Fruit and Veggie Recipe Sheet

AUGUST SPECIAL #6

- Bit O' Blessing Box** **\$21.00**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
 - 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Roast or 2 lb. Mac & Beef Entrée
 - 1.5 lb. Country Fried Steak Patties
 - 1 lb. Ground Beef
 - 1 lb. Crunchy Fish Bites
 - 1 lb. Frozen Fruit or Green Beans
 - 1 lb. Rice

**ORDERS DUE: AUGUST 16
DISTRIBUTION: AUGUST 21
TIME: 9:30-10:30 A.M.
BRING A LARGE BOX TO PICK UP
FOOD.**

Online order deadline Monday, August 16 until 11:59 p.m. at

<http://www.angelfoodministries.com/host.asp?id=6547>

Distribution: Saturday, August 21

Time: 9:30-10:30 a.m.

Mt. Pisgah Christian Academy Gym

Orders are taken at: **Mt. Pisgah Baptist Church** following each regularly scheduled service and at **Abundant Life Christian Counseling**, 9:00 a.m. – 4:30 p.m., Mon. – Fri. (435-5706).

Cash, checks, and EBT accepted. Make checks payable to **Mt. Pisgah Baptist Church**.

HOW ANGEL FOOD WORKS

By buying food from first rate suppliers at substantial volume discounts, Angel Food Ministries is able to provide families with approximately \$70 worth of quality nutritious food for \$30. Angel Food Ministries does not use out-of-date food or inferior products.

ABOUT THE FOOD

Each month's menu is different and consists of fresh, frozen and packaged food. Angel Food is purchased from the nation's top food suppliers. Providing quality, nutritious food at significant discounts on a regular basis is one practical way to give people a "hand up" during difficult times. The cost for a box of Angel Food is \$30. There is no purchase limit for boxes of Angel Food. There are no applications or qualifications necessary to purchase.

ABOUT THE VALUE

Comparison shopping nationwide in various grocery stores has revealed that the average retail value for the same food items would be approximately \$70. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month.

ABOUT SPECIALITY BOXES

Each month, Angel Food Ministries also offers "specialty boxes" of steak, chicken, pork or other foods. This bonus program affords participants additional food choices at a great value. There is no purchase limit for specialty boxes or bonus foods. There are no applications or qualifications necessary to purchase.

FOOD STAMP PROGRAM

To better help families in need, Angel Food Ministries participates in the [Food Stamp Program](#). This program is designed to help low-income families buy the food they need for good nutrition. Each month, by processing the most offline Food Stamp vouchers in the country, Angel Food is helping feed approximately 100,000 people in the United States.

PURCHASING ANGEL FOOD

There are no restrictions, conditions or forms to fill out to purchase Angel Food. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site. **Orders not picked up will be donated to needy families.** For additional information, contact **Mary Ann Russell at 435-5728 or russ1948@hotmail.com**